

REF



SYSTEM

07027834190

07027834500

100

cobas e 801

## English

### System Information

Short name	ACN (application code number)
SRL	10129

### Intended use

Immunoassay for the in vitro quantitative determination of sirolimus in human whole blood. The assay is used as an aid in the management of kidney transplant patients receiving sirolimus therapy.

The electrochemiluminescence immunoassay "ECLIA" is intended for use on the **cobas e 801** immunoassay analyzer.

### Summary

Sirolimus (also called Rapamycin) is a macrocyclic antibiotic produced by the bacterium *Streptomyces hygroscopicus*. It was first discovered in soil samples taken from Easter Island (Rapa Nui). Sirolimus was initially developed as an antifungal agent. In 1988 its immunosuppressive properties were identified. FDA approved Sirolimus for use in the prevention of kidney transplant rejection in 1999. mTOR inhibitors such as sirolimus and everolimus provide a means of reducing the exposure of transplant patients to calcineurin inhibitors thus potentially limiting renal toxicity in non-renal transplant patients and improving long-term allograft survival in kidney transplant patients.<sup>1,2</sup>

Sirolimus is a proliferation signal inhibitor and blocks growth factor-induced transduction signals that mediate cellular division in response to alloantigens. Upon entry into the cell, sirolimus binds to the abundant immunophilin, FKBP-12, which also serves as a cytosolic receptor for tacrolimus. The sirolimus-FKBP-12 complex binds to mTOR which has the following two major functions: 1) activation of p70 S6 kinase, a key enzyme in signal transduction which leads to DNA synthesis, and 2) binding of the eukaryotic initiation factor 4E (eIF-4E) to phosphorylated heat- and acid-stable protein 1 (PHAS-1), a pathway that is more involved in protein synthesis. By binding to mTOR, sirolimus blocks its function and thus inhibits activation of p70 S6 kinase, resulting in the arrest of the cell cycle at the G1 to S phase. Interleukin (IL)-2 receptor-dependent as well as CD28-dependent signaling pathways are inhibited by these effects on mTOR.<sup>1,3</sup>

The maximum concentration ( $C_{max}$ ) is reached approximately 2 hours after administration of sirolimus. After absorption, sirolimus in circulation is extensively bound (approximately 92 %) to plasma proteins. Sirolimus is a substrate for both CYP3A4 and P-glycoprotein and is extensively metabolized in the liver and the intestinal wall, as well as being transported from enterocytes of the small intestine back into the gut lumen. Sirolimus is metabolized via O-demethylation and/or hydroxylation into 7 major metabolites that are identifiable within whole blood; the parent compound contributes > 90 % of the immunosuppressive activity. The elimination half-life of sirolimus after multiple dosing in stable renal transplant patients was estimated to be approximately 60 hours.<sup>4</sup>

Common side effects include hypertension, hyperlipidemia, anemia, thrombocytopenia, electrolyte disturbances (hypokalemia and hypophosphatemia), peripheral edema, abdominal pain, arthralgia, skin disorders, pyrexia, headache, nausea, diarrhea or constipation, and a higher incidence of lymphocele.<sup>5</sup>

Therapeutic drug monitoring (TDM) of sirolimus trough concentrations ( $C_0$ ) is necessary, especially due to the wide inter- and intra-individual variability in the pharmacokinetic behavior of the drug.<sup>2,6</sup> There has been general agreement that the predose (trough or  $C_0$ ) sample is a good reflection of total exposure, as measured by area under the time-concentration curve (AUC). Good correlation has been shown between sirolimus  $C_0$  concentrations and AUC. This is also the case when the drug is used in combination with cyclosporine or tacrolimus.<sup>7,8</sup>

A key reason to monitor the drug concentration is that the dosage is a poor predictor of drug exposure. As the clearance of sirolimus approximates liver blood flow, dose reductions guided by measured concentrations of sirolimus should be made in patients with impaired liver function. Close drug monitoring is also necessary as sirolimus is metabolized by the cytochrome P450-3A4 isoenzyme that metabolizes many other drugs and is thus responsive to drug-drug interactions. There are numerous data on drug

interactions that might cause an increase or decrease in sirolimus blood concentrations, such as those reported for cyclosporine and tacrolimus.<sup>7</sup>

### Test principle

Manual precipitation:

Before testing with the Elecsys Sirolimus assay, samples, calibrators and controls must be **pretreated** with Elecsys ISD Sample Pretreatment.

The reagent lyses the cells, extracts sirolimus, and precipitates most of the blood proteins. The **pretreated** samples are centrifuged, and the resulting supernatant containing sirolimus is then assayed using the Elecsys Sirolimus assay.

Competition principle. Total duration of assay: 18 minutes.

- 1st incubation: By incubating 21  $\mu$ L of the pretreated sample with a sirolimus-specific biotinylated antibody, an immunocomplex is formed, the amount of which is dependent upon the analyte concentration in the sample.
- 2nd incubation: After addition of streptavidin-coated microparticles and an sirolimus derivative labeled with a ruthenium complex<sup>a</sup>, the still-vacant sites of the biotinylated antibodies become occupied, with formation of an antibody-hapten complex. The entire complex becomes bound to the solid phase via interaction of biotin and streptavidin.
- The reaction mixture is aspirated into the measuring cell where the microparticles are magnetically captured onto the surface of the electrode. Unbound substances are then removed with ProCell II M. Application of a voltage to the electrode then induces chemiluminescent emission which is measured by a photomultiplier.
- Results are determined via a calibration curve which is instrument-specifically generated by 2-point calibration and a master curve provided via the **cobas link**.

a) Tris(2,2'-bipyridyl)ruthenium(II)-complex ( $Ru(bpy)_3^{2+}$ )

### Reagents - working solutions

The **cobas e** pack is labeled as SRL.

- M Streptavidin-coated microparticles 1 bottle, 6.1 mL:  
Streptavidin-coated microparticles 0.72 mg/mL; preservative.
- R1 Anti-sirolimus Ab-biotin, 1 bottle, 9.9 mL:  
Biotinylated monoclonal anti-sirolimus antibody (rabbit) 35  $\mu$ g/L;  
phosphate buffer 100 mmol/L, pH 7.8; preservative.
- R2 Sirolimus derivate-Ru( $bpy$ )<sub>3</sub><sup>2+</sup>, 1 bottle, 6.8 mL:  
Sirolimus derivate labeled with ruthenium complex 18  $\mu$ g/L; citrate  
buffer 10 mmol/L, pH 6.0; preservative.

### Precautions and warnings

For in vitro diagnostic use.

Exercise the normal precautions required for handling all laboratory reagents.

Disposal of all waste material should be in accordance with local guidelines. Safety data sheet available for professional user on request.

Avoid foam formation in all reagents and sample types (specimens, calibrators and controls).

### Reagent handling

The reagents in the kit have been assembled into a ready-for-use unit that cannot be separated.

All information required for correct operation is available via the **cobas link**.

### Storage and stability

Store at 2-8 °C.

Do not freeze.

Store the **cobas e** pack **upright** in order to ensure complete availability of the microparticles during automatic mixing prior to use.

Stability:	
unopened at 2-8 °C	up to the stated expiration date

Stability:	
on the <b>cobas e 801</b> analyzer	16 weeks

## Specimen collection and preparation

Only the specimens listed below were tested and found acceptable.

K<sub>2</sub>-EDTA and K<sub>3</sub>-EDTA whole blood.

Specimens collected in EDTA tubes may be stored for up to 5 days at 15-25 °C or 7 days at 2-8 °C prior to being tested. If testing will be delayed by more than 7 days, store frozen at -20 °C (± 5 °C) or lower for up to 6 months.

Freeze only once. Specimens must be mixed thoroughly after thawing to ensure consistency of the results.

Mix thawed specimens thoroughly by hand or on a roller mixer or rocker. Visually inspect the specimens. If layering or stratification is observed, continue mixing until specimens are visibly homogeneous.

The sample types listed were tested with a selection of sample collection tubes that were commercially available at the time of testing, i.e. not all available tubes of all manufacturers were tested. Sample collection systems from various manufacturers may contain differing materials which could affect the test results in some cases. When processing samples in primary tubes (sample collection systems), follow the instructions of the tube manufacturer.

Do not use heat-inactivated samples.

Do not use samples and controls stabilized with azide.

Ensure the samples and calibrators are at 20-25 °C prior to measurement.

Use caution when handling patient specimens to prevent cross contamination. Use of disposable pipettes or pipette tips is recommended.

**Pretreated samples can be stored in closed tubes for up to 4 hours at 20-25 °C.**

**Due to evaporation effects, pretreated samples should be analyzed/measured within 30 minutes after opening the vials and loading the samples on the analyzer. Avoid delays between loading and measurement to ensure the 30 minute stability of pretreated samples.**

**A re-run requires repeating of the manual pretreatment procedure.**

## Materials provided

See "Reagents – working solutions" section for reagents.

## Materials required (but not provided)

- [REF] 05889073190, ISD Sample Pretreatment, 1 x 30 mL
- [REF] 06327982190, Sirolimus CalSet, for 6 x 1.0 mL
- [REF] 05889081190, PreciControl ISD, 3 x 3.0 mL
- [REF] 11776576322, CalSet Vials, 2 x 56 empty snap-cap bottles
- [REF] 07299001190, Diluent Universal, 45.2 mL sample diluent
- General laboratory equipment
- Precision pipettes (use only positive displacement pipettes for ISD Sample Pretreatment reagent handling)
- Microcentrifuge tubes (2.0 mL capacity)
- Microcentrifuge (at least 10000 g)
- Vortex mixer
- Roller mixer or rocker
- **cobas e 801** analyzer

Accessories for the **cobas e 801** analyzer:

- [REF] 06908799190, ProCell II M, 2 x 2 L system solution
- [REF] 04880293190, CleanCell M, 2 x 2 L measuring cell cleaning solution
- [REF] 07485409001, Reservoir Cups, 8 cups to supply ProCell II M and CleanCell M
- [REF] 06908853190, PreClean II M, 2 x 2 L wash solution
- [REF] 05694302001, Assay Tip/Assay Cup tray, 6 magazines x 6 magazine stacks x 105 assay tips and 105 assay cups, 3 wasteliners
- [REF] 07485425001, Liquid Flow Cleaning Cup, 2 adaptor cups to supply ISE Cleaning Solution/Elecsys SysClean for Liquid Flow Cleaning Detection Unit

- [REF] 07485433001, PreWash Liquid Flow Cleaning Cup, 1 adaptor cup to supply ISE Cleaning Solution/Elecsys SysClean for Liquid Flow Cleaning PreWash Unit
- [REF] 11298500316, ISE Cleaning Solution/Elecsys SysClean, 5 x 100 mL system cleaning solution

## Manual specimen pretreatment

Follow the steps listed below to pretreat calibrators, controls and/or specimens. **The technical notes hereafter are an essential part of the instructions and must be read thoroughly before completing each step.** Follow steps 1 through 7 to pretreat calibrators, controls and/or specimens.

Steps	Technical notes
1. Equilibrate all reagents, calibrators, controls and specimens to 20-25 °C. Mix all calibrators, controls and specimens gently but thoroughly just before use.	Do not vortex. The liquids may be mixed by hand or on a roller mixer or rocker.  The calibrators and controls are a whole-blood hemolysate and may be slightly different in appearance from whole-blood samples.
2. Label one microcentrifuge tube for each calibrator, control and/or specimen to be pretreated.	none
3. Using a precision pipette, transfer 300 µL of each calibrator, control and/or specimen to the appropriately labeled microcentrifuge tube.	Use a fresh pipette tip for each calibrator, control and/or specimen.
4. Using a precision pipette, add 300 µL of ISD Sample Pretreatment reagent to each microcentrifuge tube. Immediately cap each tube and immediately proceed to step 5.	Note: ISD Sample Pretreatment is highly volatile. Keep tightly closed when not in use to prevent evaporation.
5. Vortex each microcentrifuge tube for at least 10 seconds. Failure to perform this step may result in a supernatant that appears red. See step 6, technical note.	Note: Failure to vortex each tube immediately after addition of the ISD Sample Pretreatment reagent will lead to erroneous assay results. Sample and reagent mixture should be completely homogeneous immediately after vortexing. Visual inspection is required.
6. Centrifuge the samples for at least 4 minutes in a microcentrifuge (≥ 10000 g).	The centrifuged samples should have well-defined pellets and clear supernatant. The supernatant should not appear cloudy or red. If the supernatant is red, discard and replace it with a newly extracted sample.

# Elecsys Sirolimus

Steps	Technical notes
7. Transfer each supernatant directly into an appropriate vial and immediately cap each vial. The samples are ready to be assayed.	<p>Pretreated samples can be stored in closed tubes for up to 4 hours at room temperature.</p> <p><b>Please note:</b></p> <p><b>Due to evaporation effects, pretreated samples should be analyzed/measured within 30 minutes after opening the vials and loading the samples on the system. Avoid delays between loading and measurement to ensure the 30 minutes stability of pretreated samples. This is ensured by running the sirolimus samples in batch mode:</b></p> <p><b>Based on average system sample processing time, no more than 35 sirolimus samples may be loaded per calibrated measuring cell onto the analyzers at the same time.</b></p>

## Assay

For optimum performance of the assay follow the directions given in this document for the analyzer concerned. Refer to the appropriate operator's manual for analyzer-specific assay instructions.

Resuspension of the microparticles takes place automatically prior to use. Place the cooled (stored at 2-8 °C) **cobas e** pack on the reagent manager. Avoid foam formation. The system automatically regulates the temperature of the reagents and the opening/closing of the **cobas e** pack.

## Calibration

**Traceability:** This method has been standardized against gravimetrically produced master calibrators consisting of exactly defined pure substance sirolimus concentrations in human whole blood matrix.

The predefined master curve is adapted to the analyzer using the relevant CalSet.

**Sirolimus CalSet must be pretreated freshly before calibration.**

**Calibration frequency:** Calibration must be performed once per reagent lot using fresh reagent (i.e. not more than 24 hours since the **cobas e** pack was registered on the analyzer).

Calibration interval may be extended based on acceptable verification of calibration by the laboratory.

Renewed calibration is recommended as follows:

- after 28 days when using the same reagent lot
- after 28 days when using the same **cobas e** pack on the analyzer
- as required: e.g. quality control findings outside the defined limits

## Quality control

For quality control, use PreciControl ISD.

**PreciControl ISD must be pretreated freshly before measurement.**

In addition, other suitable control material can be used.

Controls for the various concentration ranges should be run individually at least once every 24 hours when the test is in use, once per **cobas e** pack, and following each calibration.

The control intervals and limits should be adapted to each laboratory's individual requirements. Values obtained should fall within the defined limits. Each laboratory should establish corrective measures to be taken if values fall outside the defined limits.

If necessary, repeat the measurement of the samples concerned.

Follow the applicable government regulations and local guidelines for quality control.

## Calculation

The analyzer automatically calculates the analyte concentration of each sample (either in ng/mL, nmol/L or µg/L).

Conversion factors:  $\text{ng/mL} \times 1.0 = \mu\text{g/L}$   
 $\text{ng/mL} \times 1.0939 = \text{nmol/L}$

## Limitations - interference

The effect of the following endogenous substances and pharmaceutical compounds on assay performance was tested. Interferences were tested up to the listed concentrations and no impact on results was observed.

### Endogenous substances

Compound	Concentration tested
Albumin	≤ 7.0 g/dL
Bilirubin	≤ 1129 µmol/L or ≤ 66.0 mg/dL
Biotin	≤ 287 nmol/L or ≤ 70.0 ng/mL
Cholesterol	≤ 500 mg/dL
HARA (human anti-rabbit antibodies)	≤ 10.0 µg/mL
Hematocrit	15-60 %
IgG	≤ 7.0 g/dL
IgM	≤ 1.0 g/dL
IgA	≤ 1.6 g/dL
Intralipid	≤ 2000 mg/dL
Rheumatoid factors	up to 1200 IU/mL
Uric acid	≤ 30.0 mg/dL

Criterion: For concentrations of 0.50-3.0 ng/mL the deviation is ≤ 0.60 ng/mL. For concentrations > 3.0 ng/mL the deviation is ≤ ± 20 %.

Samples should not be taken from patients receiving therapy with high biotin doses (i.e. > 5 mg/day) until at least 8 hours following the last biotin administration.

### Pharmaceutical substances

In vitro tests were performed on 16 commonly used pharmaceuticals. No interference with the assay was found.

In addition, the following special drugs were tested. Due to the cross-reactivity with everolimus, a switch from one drug to the other might lead to overestimation of the blood levels of the currently administered immunosuppressant. Therefore, do not use samples from patients under everolimus treatment or under transition from everolimus to sirolimus. The transition period may be approximated by the half-life of the eliminated drug where, for example, 12.5 % of a drug remains after 3 times the half-life.<sup>3</sup>

### Special drugs

Drug	Concentration tested
Acyclovir	3.2 µg/mL
Amphotericin B	5.8 µg/mL
Ciprofloxacin	7.4 µg/mL
K <sub>2</sub> -EDTA	6 mg/mL
K <sub>3</sub> -EDTA	6 mg/mL
Erythromycin	20 mg/dL
Fluconazole	30 µg/mL
Flucytosine	40 µg/mL
Gancyclovir	1000 µg/mL
Gentamicin	12 mg/dL
Itraconazole	10 µg/mL
Kanamycin	100 µg/mL
Ketoconazole	50 µg/mL

Drug	Concentration tested
Lidocaine	6 mg/dL
MPA (mycophenolic acid) glucuronide	1800 µg/mL
Mycophenolic acid	500 µg/mL
Nitrofurantoin	6 µg/mL
Phenobarbital	15 mg/dL
Spectinomycin	100 µg/mL
Sulfamethoxazole	200 µg/mL
Tacrolimus	60 ng/mL
Tobramycin	2 mg/dL
Trimethoprim	40 µg/mL
Vancomycin	6 mg/dL

In rare cases, interference due to extremely high titers of antibodies to analyte-specific antibodies, streptavidin or ruthenium can occur. These effects are minimized by suitable test design.

For diagnostic purposes, the results should always be assessed in conjunction with the patient's medical history, clinical examination and other findings.

## Limits and ranges

### Measuring range

0.5-30.0 ng/mL (defined by the Limit of Detection and the maximum of the master curve). Values below the Limit of Detection are reported as < 0.5 ng/mL. Values above the measuring range are reported as > 30.0 ng/mL.

### Lower limits of measurement

*Limit of Blank, Limit of Detection and Limit of Quantitation*

Limit of Blank = 0.4 ng/mL

Limit of Detection = 0.5 ng/mL

Limit of Quantitation = 1.5 ng/mL

The Limit of Blank, Limit of Detection and Limit of Quantitation were determined in accordance with the CLSI (Clinical and Laboratory Standards Institute) EP17-A2 requirements.

The Limit of Blank is the 95<sup>th</sup> percentile value from  $n \geq 60$  measurements of analyte-free samples over several independent series. The Limit of Blank corresponds to the concentration below which analyte-free samples are found with a probability of 95 %.

The Limit of Detection is determined based on the Limit of Blank and the standard deviation of low concentration samples. The Limit of Detection corresponds to the lowest analyte concentration which can be detected (value above the Limit of Blank with a probability of 95 %).

The Limit of Quantitation is defined as the lowest amount of analyte in a sample that can be accurately quantitated with a total allowable relative error of  $\leq 25$  %.

### Dilution

Samples with sirolimus concentrations above the measuring range can be manually diluted 1:2 with Diluent Universal prior to the manual pretreatment procedure. The concentration of the diluted sample must be > 12 ng/mL.

After manual dilution, multiply the result by the dilution factor.

### Expected values

No firm therapeutic range exists for sirolimus in whole blood. The complexity of the clinical state, individual differences in sensitivity to immunosuppressive and nephrotoxic effects of sirolimus, coadministration of other immunosuppressants, type of transplant, time post-transplant, and a number of other factors contribute to different requirements for optimal blood levels of sirolimus. Individual sirolimus values cannot be used as the sole indicator for making changes in the treatment regimen. Each patient should be thoroughly evaluated clinically before treatment adjustments are made, and each assay user must establish his or her ranges based on clinical experience.

These ranges will vary according to the commercial in vitro diagnostic test used. Ranges must be established for each commercial test used.

## Specific performance data

Representative performance data on the analyzer is given below. Results obtained in individual laboratories may differ.

### Precision

Precision was determined using Elecsys reagents, samples and controls in a protocol (EP05-A3) of the CLSI (Clinical and Laboratory Standards Institute): 2 runs per day in duplicate each for 21 days ( $n = 84$ ). The following results were obtained:

cobas e 801 analyzer					
Sample	Mean ng/mL	Repeatability		Intermediate precision	
		SD ng/mL	CV %	SD ng/mL	CV %
HSP <sup>b)</sup> 1	1.27	0.062	4.9	0.087	6.8
HSP 2	4.62	0.178	3.8	0.263	5.7
HSP 3	13.0	0.429	3.3	0.571	4.4
HSP 4	22.8	0.965	4.2	1.03	4.5
HSP 5	26.5	1.00	3.8	1.15	4.3
PreciControl ISD 1	3.66	0.124	3.4	0.167	4.6
PreciControl ISD 2	9.42	0.251	2.7	0.345	3.7
PreciControl ISD 3	17.0	0.517	3.0	0.646	3.8

b) HSP = Human Sample Pool

### Method comparison

a) A comparison of the Elecsys Sirolimus assay, [REF] 06327974190 (y) with an automated immunoassay (x) using clinical samples gave the following correlations:

Number of samples measured: 119

Passing/Bablok<sup>9</sup>

$$y = 0.916x + 0.743$$

$\tau = 0.828$

Weighted Deming regression

$$y = 0.992x + 0.319$$

$r = 0.967$

The sample concentrations were between 2.2 and 20.5 ng/mL.

b) A comparison of the Elecsys Sirolimus assay, [REF] 06327974190 (y) with an LC-MS-MS method (x) using clinical samples gave the following correlations:

Number of samples measured: 120

Passing/Bablok<sup>9</sup>

$$y = 1.03x + 0.625$$

$\tau = 0.832$

Weighted Deming regression

$$y = 1.13x + 0.058$$

$r = 0.977$

The sample concentrations were between 1.1 and 18.1 ng/mL.

c) A comparison of the Elecsys Sirolimus assay, [REF] 07027834190 (cobas e 801 analyzer; y) with the Elecsys Sirolimus assay, [REF] 06327974190 (cobas e 601 analyzer; x) gave the following correlations (ng/mL):

Number of samples measured: 175

Passing/Bablok<sup>9</sup>

$$y = 0.932x - 0.234$$

$\tau = 0.886$

Linear regression

$$y = 0.950x - 0.449$$

$r = 0.996$

The sample concentrations were between 1.01 and 30.0 ng/mL.

### Analytical specificity

Metabolite	Maximum concentration added ng/mL	Maximum cross-reactivity <sup>c)</sup> %
11-Hydroxy sirolimus	25	2.9
12-Hydroxy sirolimus	25	10.4

# Elecsys Sirolimus



Metabolite	Maximum concentration added ng/mL	Maximum cross-reactivity <sup>c)</sup> %
16-O-Desmethyl sirolimus	25	1.8
27-O-Desmethyl sirolimus	25	65.0
39-O-Desmethyl sirolimus	25	108.6



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c) Representative data; results in individual laboratories may vary from these data

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For further information, please refer to the appropriate operator's manual for the analyzer concerned, the respective application sheets, the product information and the Method Sheets of all necessary components (if available in your country).

A point (period/stop) is always used in this Method Sheet as the decimal separator to mark the border between the integral and the fractional parts of a decimal numeral. Separators for thousands are not used.

## Symbols

Roche Diagnostics uses the following symbols and signs in addition to those listed in the ISO 15223-1 standard (for USA: see <https://usdiagnostics.roche.com> for definition of symbols used):

	Contents of kit
	Analyzers/Instruments on which reagents can be used
	Reagent
	Calibrator
	Volume after reconstitution or mixing
	Global Trade Item Number

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